



## Amazonia Expeditions Jungle Survival Training

7 Days / 6 Nights

\$1,795 per person (total land cost)

Survival Training in the Amazon wilderness is one of our premium adventures, requiring two guides (head guide and assistant guide) and advance planning and allocation of resources. The minimum time required for jungle survival training is the following 7day / 6night excursion in the Amazon wilderness. It features the maximum adventure, customized to your needs with a highly training and wilderness first aid certified native guide, assisted by a second guide. Please note that in the jungle survival training expedition, while high in adventure, is not as likely to encounter wildlife as a simple day visit to terra firme forest, as we are carrying a lot of supplies and making more noise as we trek in the forest.

### Day 1

Trip starts after arrival of people on LA 2240, scheduled to arrive just past noon

- Transfer in from airport or hotel
  - § **If airport:** Look for our booth in the baggage area of Iquitos Airport, by the restrooms, with our logo (head of a hoatzin bird on a diamond shape).
  - § **If hotel:** please let us know the address for where to pick you up.
- Speedboat transfer (note--is 4 hours) up the Amazon, then theTahuayo tributary to our lodge.
- Evening excursion

*Lunch, Dinner*

### Days 2-3

*At the Tahuayo Lodge*

Acclimation to the Amazon rainforest and getting to know your guides; your guides getting to know you. Exploration of varzea forest near the main lodge, learning some survival skills such as the utilitarian use of palm fronds, natural sources of insect repellent, natural medicines and some sources of food and fresh water.

*Breakfast, Lunch, Dinner*

### Day 4

*Boat to the trailhead in terra firme forest*

### INCLUSIONS

Trip can be extended for \$150 per day / person

**All in-Amazon costs included**

- Private head guide and assistant guide
- All transfers
- Lodging
- Meals
- Excursions customized to your liking
- Standard gear such as jungle boots and camping gear
- Wi-Fi
- Entrance fees
- Conservation fees
- Port taxes, etc

**Optional expenses:**

- cola or beer drinks
- souvenirs
- tips
- laundry

## Survival Medicines

**Venomous snakebite** – piripiri leaves (Cyperus articulatus)

**Venomous insect** – curarina bark (Potalia amara)

**Fever** – sanango root (Sanango durum)

**Disinfectant** – pichirina sap (Vismia angusta)

**Field dressing** – fiber inside bark of machimango (Ceiba species)

**Antiparasitical** – oje sap (Ficus antihelmintica)

**Dysentery or gastrointestinal distress** – hierba luisa leaves (Cymbopogon citratus)

Hiking into the interior of the wilderness to establish campsite, building a shelter with plants found in the forest

### Day 5

*In terra firme forest*

Training in the identification of plants and other material found in the forest

to make a fire, capture food and find water.

### Day 6

*In terra firme forest*

Morning exploration, then breaking down campsite, return in the afternoon

by boat to the main lodge.

### Day 7

Morning excursion, Afternoon boat to Iquitos, Transfer to airport or hotel

*Breakfast, Lunch*

## Some Things You Can Learn

1. **How to choose a camp site:** How to select site, soil and drainage aspects
2. **Construction of lean-to:** How to select site, soil and drainage aspects. What woods to use to set up framework; how to use irapay palm (Lepidocaryum tenue) fronds to rainproof
3. **Construction of fire:** Recognition of wood that will have hard, dry interior even when waterlogged by rainforest humidity; use of copal resin as fire starter
4. **Learn sources of pure water:** Immature yarina (Phytelephas macrocarpa) fruits; puca huasca vine (Doloiocarpus dentatus) and cano huasca vine (Uncaria spp.)
5. **Learn sources of food:** Palm fruits; palm hearts from Euterpe and Iriarteia genera; edible beetle grubs; legumes, especially from Inga genus; using barbasco (Lonchocarpus species) sap to stun fish; canabrava (Gynerium sagittatum) to build fish trap; tamshi vine (Carludovica devergens) to make animal snare
6. **Raft construction:** Recognition of balsa wood, tied together with tamshi vine, oar from remo caspii (Styrax acuminatum)
7. **Mosquito repellent:** Made from Nasutitermes termites
8. **Weapons:** Fishing spear from cumaceba (Cesalpina echinata); bow from cashapona (Iriarteia eborrhiza), string from chambira (Astrocaryum chambira), arrowshafts from bamboo and arrowheads from cumaceba.

## A NOTE ON OUR TWO LODGES

### The Tahuayo Lodge (Main Lodge)

- Cabins have private bathrooms
- Greater variety of activities

### The Research Center Peru Lodge (ARC)

- Cabins have shared bathrooms
- Better hiking, over 50 miles of trails through a variety of ecosystems
- More wildlife
- Lodge is more remote, in more pristine forest and rivers



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